

# Cetaquin 10 tablet

## Cetirizine 10 mg Tablet

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### Composition

#### Each tablet contains:

- **Cetirizine Hydrochloride: 10 mg**
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### Description

Cetirizine is a second-generation antihistamine used to relieve symptoms associated with allergic conditions such as hay fever (seasonal rhinitis), allergic rhinitis, and urticaria (hives). It works by blocking the action of histamine, a substance produced by the body during an allergic reaction, which causes symptoms like itching, swelling, and runny nose.

Cetirizine has a low sedative effect compared to first-generation antihistamines and is less likely to cause drowsiness, making it suitable for daily use.

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### Indications

Cetirizine 10 mg Tablet is indicated for the relief of symptoms associated with:

- **Seasonal allergic rhinitis (hay fever)**
- **Perennial allergic rhinitis (year-round allergies)**
- **Chronic urticaria (hives)**
- **Allergic conjunctivitis (allergy-related eye irritation)**

### Dosage and Administration

- **Adults and children over 6 years: Take 1 tablet (10 mg) once daily.**
- **Children 2 to 6 years: The typical dose is 5 mg (half a tablet) once daily, or as directed by the healthcare provider.**
- **Elderly or those with renal impairment: Dose adjustment may be required. Consult a doctor for appropriate dosing.**

### Administration:

- **Take the tablet with or without food, preferably at the same time each day.**
  - **Swallow the tablet whole with a glass of water.**
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### Mechanism of Action

Cetirizine works by selectively blocking H1 histamine receptors in the body. Histamine is a chemical released during an allergic reaction that causes symptoms such as itching, sneezing, runny nose, and watery eyes. By blocking histamine, cetirizine helps to reduce these allergic symptoms.

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### Contraindications

- **Hypersensitivity or allergy to cetirizine, hydroxyzine, or any of the tablet's ingredients.**
- **Individuals with severe renal impairment (kidney failure) should**

consult their healthcare provider before use.

- **Avoid use in patients with a history of severe allergic reactions to antihistamines.**

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## Warnings and Precautions

- **Pregnancy and breastfeeding: Consult your doctor before use. Cetirizine may be taken during pregnancy if clearly needed, but caution is advised. Small amounts may pass into breast milk.**
- **Children: Use with caution in children under 2 years of age, and only under medical supervision.**

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## Side Effects

Common side effects may include:

- **Drowsiness or fatigue (rare)**
- **Headache**
- **Dry mouth**
- **Dizziness**
- **Nausea**

If any of the following rare but serious side effects occur, seek medical attention immediately:

- **Allergic reactions (rash, swelling of the face or throat, difficulty breathing)**
- **Fast or irregular heartbeat**
- **Severe dizziness or fainting**

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## Drug Interactions

- **Alcohol: Concurrent use of alcohol may increase drowsiness and impair coordination. It is advisable to limit alcohol intake while using cetirizine.**
- **Other sedatives: Combining cetirizine with other sedative drugs (e.g., benzodiazepines, alcohol, or other antihistamines) may enhance drowsiness and impair cognitive function.**
- **Theophylline: Caution is advised when using cetirizine alongside theophylline, as it may increase cetirizine levels in the blood.**

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## Storage

- **Store in a cool, dry place (below 25°C).**
- **Keep the tablets in their original packaging to protect from moisture.**
- **Keep out of reach of children.**

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**Note: Always follow your healthcare provider's instructions regarding dosage. Do not self-medicate or adjust the dose without medical advice. If symptoms persist or worsen, consult your healthcare provider.**

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**Cafoli**<sup>TM</sup>  
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